

ELEMENTARY CYCLE MENU

This menu is subject to change based on available food items

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Sausage, Biscuit, Gravy; or Cereal, Fruit Juice, Diced Pears	Breakfast Pizza or Pop Tart, Fruit Juice, Apple	Cinnamon Bun Grahams or Cereal, Fruit Juice, Applesauce Cup	Chicken Biscuit or Muffin, Fruit Juice, Orange	Breakfast Pizza or Cinnamon Grahams, Fruit Juice, Diced Peaches
WEEK 1					
Entrée Choices	Chicken Nuggets & Biscuit Ham & Cheese Sand.	Mini Corndogs Cheeseburger	Cheese Pizza Pepperoni Pizza	Taco Salad Chicken Quesadilla	Bosco Sticks Turkey Bacon Ranch Sandwich
Vegetables	Mashed Potatoes Steamed Broccoli	Fries Fresh Veggie Cup	Corn Carrots	Refried Beans Salsa	Potato Shapes Green Beans
Fruit	Applesauce Cup	Diced Peaches	Orange	Apple	Applesauce Cup
Additional	Cheese Sauce			Tortilla Chips	Chocolate Chip Cookie
WEEK 2					
Entrée Choices	Chicken Tenders & Biscuit Mini Corn Dogs	Chicken Sandwich Turkey Bacon Ranch Sandwich	Cheesy Breadstick Sloppy Joe	Chili Soup & Grilled Cheese Mini Pepperoni Calzone	Cheeseburger Ham & Cheese Sand.
Vegetables	Mashed Potatoes Carrots	Fries Fresh Veggie Cup	Corn Carrots	Baked Potato Steamed Broccoli	Fries Baked Beans
Fruit	Applesauce Cup	Diced Peaches	Orange	Apple	Applesauce Cup
Additional	Macaroni & Cheese			Cheese Sauce	
WEEK 3					
Entrée Choices	Chicken Nuggets & Biscuit Ham & Cheese Sand.	Cheeseburger Mini Corndogs	Cheese Pizza Pepperoni Pizza	Taco Salad Chicken Quesadilla	Bosco Sticks Turkey Bacon Ranch Sandwich
Vegetables	Mashed Potatoes Green Beans	Fries Fresh Veggie Cup	Corn Carrots	Refried Beans Salsa	Baked Potato Steamed Broccoli
Fruit	Applesauce Cup	Diced Peaches	Orange	Apple	Applesauce Cup
Additional				Tortilla Chips	Cheese Sauce, Chocolate Chip Cookie
WEEK 4					
Entrée Choices	Chicken Tenders & Biscuit Mini Corn Dogs	Cheeseburger Chicken Quesadilla	Pepperoni Bread Sloppy Joe	Hot Dog with Chili Ham & Cheese Sand.	Chicken Sandwich Mini Pepperoni Calzones
Vegetables	Mashed Potatoes Carrots	Fries Green Beans	Baked Potato Fresh Veggie Cup	Fries Steamed Broccoli	Baked Beans Carrots
Fruit	Applesauce Cup	Diced Peaches	Orange	Apple	Applesauce Cup
Additional	Macaroni & Cheese			Cheese Sauce	Chips

Choice of Milk is served with Breakfast and Lunch each day

August					September					October					November					December				
Mo	Tu	We	Th	Fr	Mo	Tu	We	Th	Fr	Mo	Tu	We	Th	Fr	Mo	Tu	We	Th	Fr	Mo	Tu	We	Th	Fr
2	3	4	5	6	6	7	8	9	10	4	5	6	7	8	1	2	3	4	5	6	7	8	9	10
9	10	11	12	13	13	14	15	16	17	11	12	13	14	15	8	9	10	11	12	13	14	15	16	17
16	17	18	19	20	20	21	22	23	24	18	19	20	21	22	15	16	17	18	19	20	21	22	23	24
23	24	25	26	27	27	28	29	30	25	26	27	28	29	22	23	24	25	26	27	28	29	30	31	
30	31														29	30								
January					February					March					April					May				
Mo	Tu	We	Th	Fr	Mo	Tu	We	Th	Fr	Mo	Tu	We	Th	Fr	Mo	Tu	We	Th	Fr	Mo	Tu	We	Th	Fr
3	4	5	6	7	7	8	9	10	11	7	8	9	10	11	4	5	6	7	8	2	3	4	5	6
10	11	12	13	14	14	15	16	17	18	14	15	16	17	18	11	12	13	14	15	9	10	11	12	13
17	18	19	20	21	21	22	23	24	25	21	22	23	24	25	18	19	20	21	22	16	17	18	19	20
24	25	26	27	28	28					28	29	30	31		25	26	27	28	29	23	24	25	26	27
31															30	31				30	31			

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MIDDLE SCHOOL/HIGH SCHOOL CYCLE MENU
This menu is subject to change based on available food items

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Sausage, Biscuit, Gravy; Muffin, or Cinnamon Bun Grahams, Diced Pears	Breakfast Pizza, Smoothie or Cereal, Diced Peaches	Sausage Biscuit, Pop Tart or Muffin, Applesauce Cup	Chicken Biscuit or Choice of Yogurt Parfait, Mandarin Oranges	Breakfast Pizza, Cinnamon Bun Grahams or Pop Tart, Diced Peaches
WEEK 1					
Entrée	Chicken Nuggets	Mini Corndogs	Cheese Pizza	Taco Salad	Bosco Sticks
Choices	Ham & Cheese Sand.	Cheeseburger	Pepperoni Pizza	Chicken Quesadilla	Turkey Bacon Ranch Sandwich
Vegetables	Mashed Potatoes Steamed Broccoli	Fries Fresh Veggie Cup	Corn Carrots	Refried Beans Salsa	Potato Shapes Green Beans
Fruit	Fruit Cup, Fresh Fruit	Fruit Cup, Fresh Fruit	Fruit Cup, Fresh Fruit	Fruit Cup, Fresh Fruit	Fruit Cup, Fresh Fruit
Additional	Biscuit, Cheese Sauce			Tortilla Chips	Chocolate Chip Cookie
WEEK 2					
Entrée	Chicken Tenders	Chicken Sandwich	Cheesy Breadstick	Chili Soup & Grilled Cheese	Cheeseburger
Choices	Mini Corn Dogs	Turkey Bacon Ranch Sandwich	Sloppy Joe	Mini Pepperoni Calzone	Ham & Cheese Sand.
Vegetables	Mashed Potatoes Carrots	Fries Fresh Veggie Cup	Corn Carrots	Baked Potato Side Salad	Fries Baked Beans
Fruit	Fruit Cup, Fresh Fruit	Fruit Cup, Fresh Fruit	Fruit Cup, Fresh Fruit	Fruit Cup, Fresh Fruit	Fruit Cup, Fresh Fruit
Additional	Biscuit, Macaroni & Cheese			Crackers	
WEEK 3					
Entrée	Chicken Nuggets	Cheeseburger	Cheese Pizza	Taco Salad	Bosco Sticks
Choices	Ham & Cheese Sand.	Mini Corndogs	Pepperoni Pizza	Chicken Quesadilla	Turkey Bacon Ranch Sandwich
Vegetables	Mashed Potatoes Green Beans	Fries Fresh Veggie Cup	Corn Carrots	Refried Beans Salsa	Baked Potato Steamed Broccoli
Fruit	Fruit Cup, Fresh Fruit	Fruit Cup, Fresh Fruit	Fruit Cup, Fresh Fruit	Fruit Cup, Fresh Fruit	Fruit Cup, Fresh Fruit
Additional	Biscuit			Tortilla Chips	Cheese Sauce, Chocolate Chip Cookie
WEEK 4					
Entrée	Chicken Tenders	Cheeseburger	Pepperoni Bread	Hot Dog with Chili	Chicken Sandwich
Choices	Mini Corn Dogs	Chicken Quesadilla	Sloppy Joe	Ham & Cheese Sand.	Mini Pepperoni Calzone
Vegetables	Mashed Potatoes Carrots	Fries Green Beans	Baked Potato Fresh Veggie Cup	Fries Side Salad	Baked Beans Carrots
Fruit	Fruit Cup, Fresh Fruit	Fruit Cup, Fresh Fruit	Fruit Cup, Fresh Fruit	Fruit Cup, Fresh Fruit	Fruit Cup, Fresh Fruit
Additional	Biscuit, Macaroni & Cheese				Chips

Offered Daily for Breakfast: Toast, Fruit, Fruit Juice and a Variety of Milk

Offered Daily for Lunch: Fruit Juice and a Variety of Milk

August					September					October					November					December				
Mo	Tu	We	Th	Fr	Mo	Tu	We	Th	Fr	Mo	Tu	We	Th	Fr	Mo	Tu	We	Th	Fr	Mo	Tu	We	Th	Fr
2	3	4	5	6	6	7	8	9	10	4	5	6	7	8	1	2	3	4	5	6	7	8	9	10
9	10	11	12	13	13	14	15	16	17	11	12	13	14	15	8	9	10	11	12	13	14	15	16	17
16	17	18	19	20	20	21	22	23	24	18	19	20	21	22	15	16	17	18	19	20	21	22	23	24
23	24	25	26	27	27	28	29	30	25	26	27	28	29	22	23	24	25	26	27	28	29	30	31	
30	31									29	30				29	30								
January					February					March					April					May				
Mo	Tu	We	Th	Fr	Mo	Tu	We	Th	Fr	Mo	Tu	We	Th	Fr	Mo	Tu	We	Th	Fr	Mo	Tu	We	Th	Fr
3	4	5	6	7	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	2	3	4	5	6
10	11	12	13	14	7	8	9	10	11	7	8	9	10	11	4	5	6	7	8	9	10	11	12	13
17	18	19	20	21	14	15	16	17	18	14	15	16	17	18	11	12	13	14	15	16	17	18	19	20
24	25	26	27	28	21	22	23	24	25	21	22	23	24	25	18	19	20	21	22	23	24	25	26	27
31					28					28	29	30	31		25	26	27	28	29	30	31			

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