ATHLETIC HANDBOOK FOR CLAY COUNTY HIGH SCHOOL AND CLAY COUNTY MIDDLE SCHOOL

Superintendent William Sexton

CCHS Principal Michael Gregory

CCMS Principal Steven Burchfield

Athletic Director Robert Nicholson / Jimmy Dezarn

School KHSAA Representative Robert Nicholson

District Title IX Coordinator Deann Allen

CLAY COUNTY HIGH SCHOOL SPORTS

<u>SPORT</u> <u>COACH</u> <u>SEASON</u>

Boys Archery Bobby Buttery Fall/Winter/Spring

Girls Archery Bobby Buttery Fall/Winter/Spring

Baseball Jason Smith Spring

Boys Basketball Glenn Gray Winter

Girls Basketball James Burchell Winter

Cheerleading Emma Murray Fall/Winter

Boys Cross Country Dean Cornett Fall

Girls Cross Country Dean Cornett Fall

Football Mike Sizemore Fall

Boys Golf Jason Smith Fall

Girls Golf Regina Hubbard Fall

Softball Jamie Gilbert Spring

Boys Tennis James Burchell Spring

Girls Tennis James Burchell Spring

Boys Track Jim Taylor Spring

Girls Track Jim Taylor Spring

Volleyball Sydney Combs Fall

CLAY COUNTY MIDDLE SCHOOL SPORTS

SPORT <u>COACH</u> **SEASON** Josh Young Baseball **Spring** Boys Basketball 7th grade Justin Hobbs Winter Boys Basketball 8th grade Jimmy Dezarn Winter Girls Basketball 7th & 8th grade Gemma Parks Fall Cheerleading **Cameron Gregory** Fall/Winter Competitive Cheerleading Cameron Gregory Fall/Winter Football Chris Fultz Fall

Gerbil Jarvis

Spring

Softball

MEDIA NUMBERS

Channel 27 WKYT (859) 299-0411

Channel 18 WLEX (859) 259-1818

Channel 36 WTVQ (859) 299-3636

Ky. News Network (888) 566-0001 ext. 2253

Channel 57 WYMT (606) 436-5757

Manchester Enterprise (606) 598-2319

WTBK (606) 598-7588

WKLB (606) 598-2445

KHSAA Scoreboard (800) 453-6882

Lexington Herald-Leader (888) 222-7026, (859) 231-3225

All coaches, students and any other individuals involved in Clay County Public School
Athletics are subject to all (1) KHSAA rules and regulations (www.KHSAA.org); (2) all District
Policies and Procedures (www.clay.k12.ky.us); (3) Student Code of Acceptable behavior
(www.clay.k12.ky.us); (4) employee handbook (www.clay.k12.ky.us); and any additional rules contained in the Athletic Handbook.

The KHSAA governs high school and middle school athletics, including 6th grade students participating at the elementary school level.

Pursuant to 702 KAR 7:065 any student enrolled initially in grade five (5) through eight (8) who is repeating a grade for any reason is ineligible, during the school year that the grade is repeated, to compete in interscholastic athletics competition at any level.

ATHLETIC DIRECTOR

The Athletic Director shall be required to complete the same training as required of coaches. Proof of completion shall be submitted to the Superintendent.

The Athletic Director shall keep the principal fully advised as to all matters relating to athletics, but shall report directly to the Superintendent.

INSURANCE REQUIREMENTS FOR ACTIVITIES

Any individual, group, team or organization conducting a camp, league, tournament, skills camp or any other activity on Clay County Board of Education property, using Clay County public school team names, Clay County public school coaches, Clay County public school employees or Clay County public school students shall be required to obtain insurance for said event with a minimum limit of one million dollars.

(This does not include elementary, middle school and high school tournaments involving Clay County teams and other teams as a part of regular competition). Said insurance shall be obtained prior to advertising said event or registration for said event. Written proof shall be provided to Finance Office at the Clay County Board of Education prior to advertising or registration.

COACHES

Eligibility and Training

Requirements for coaches and others working with teams are covered in Bylaw 25 of the KHSAA Handbook. All coaches and other individuals shall meet all of these requirements. Proof of completion of mandatory classes, including but not limited to CPR (including the use of Automatic External Defibrillator), First Aid training, Sports Safety training, Medical Symposium, Coaches Education Program, and KHSAA rules clinic shall be submitted along with the attached checklist to the Athletic Director.

If a coach desires to allow a volunteer to work with a team, that individual must go through the same background screening and meet all of the same requirements and training as a paid coach.

Game Participation

Only coaches and individuals approved by the Board of Education are permitted to be on the bench, sideline or other playing field during warm-ups and games (including scrimmages).

Scheduling

All practice, scrimmage and regular season game scheduling must be coordinated with and approved by the athletic director.

Practice

Practice schedules shall be planned at least 1 week in advance and provided to players and the athletic director. To alter a schedule, the coach must have specific approval of the athletic director.

All sports and activity teams may practice a maximum of 3 hours per day. This includes stretching, warm-ups, practice times and cool down periods. Teams need to exit the facility within the 3 hour time frame unless an extension is pre-approved by the athletic director.

All sports and activity teams shall NOT practice or compete more than 6 days in a 7 day week (Sunday to Saturday). Sunday and Wednesday are the preferred days to take off.

Sunday practices shall begin no earlier than 2:00 p.m. and must be completed by 5:00 p.m.

Wednesday practices must be concluded by 5:30 p.m.

All practices are CLOSED to anyone that has not been approved through the Board of Education.

Any student who asks to be excused from practice to attend religious activities on any day shall be excused and shall not be penalized for missing said practice or a portion of said practice.

Preseason Meeting

It is expected that all coaches have a preseason meeting with participants. It is strongly suggested that you include parents who wish to attend this meeting. In addition issues you will discuss specific to your sport, the following must be discussed:

- 1. Forms required to be signed by students/parents
- 2. Insurance requirement
- 3. Student transportation policy
- 4. Attendance rules
- 5. Eligibility Requirements
 - A. Continual Progress
 - B. Proper Grade Level
 - C. Age
 - D. Suspension
- 6. Drug testing policy

Physical Exams

All athletes need a doctor's statement on the official KHSAA form clearing them for participation on any/all CCHS or CCMS athletic teams. High School and Middle School have different forms, and any athlete competing on both teams must have both completed by a doctor.

Student Transportation

Travel to athletic events is provided by the Clay County Board of Education. Athletes are required to ride the Clay County School System provided transportation to and from all athletic events unless other arrangements are approved by the Head Coach. Clay County Board of Education provided school bus transportation to all KHSAA sanctioned events. Any other form of transportation must be approved by the Administration of Clay County Board of Education.

No Coach, assistant or volunteer can transport any student in their personal vehicle at any time.

Cheerleaders shall ride on the same bus as the players when there is sufficient room. The Athletic Director will determine when a separate bus is necessary.

When out of county travel is required for extra-curricular activity competition (including both athletic and academic), only the following individuals will be permitted to ride the team bus or other Board provided vehicle:

- 1. Student team members (including student managers, record keepers, etc.)
- 2. Coaches (only those coaches who have been officially recognized and approved by the Board of Education). Coaches are required to ride with the team.
- 3. Athletic Director
- 4. Any medical personnel required by state or federal law or board policy.

When students of both genders travel in the same vehicle, at least 1 adult of each gender shall travel with the team. In the event a coach is not available to fulfill this requirement, a board approved chaperone shall be assigned to ride with the team.

Spouses, children, parents, siblings, volunteers and any other individuals who do not fall under categories 1-4 are specifically prohibited from riding in Board provided team transportation.

Fund Raising

Any fund raising must follow the specific guidelines required by Board of Education policy, must be approved by the principal and must follow Redbook procedures.

Middle School Limitations

Practice time prior to the season in any sport shall not exceed the practice time adopted for play at the high school level.

The number of school based scrimmages and regular season contests shall not exceed the allowable number of contests at the high school level.

The length of the regular competitive season for each sport shall not exceed the length for that sport at the high school level.

Travel and Competition Restrictions

- * Attendance at any tournament or competition other than district, region or state shall be pre-approved by the Board of Education.
- * No team shall be permitted to schedule an out of state trip without prior approval by the Board of Education.
- * No team shall schedule a game farther away than 100 miles from Manchester unless pre-approved by the Board of Education. The requesting team shall explain in writing why the request should be approved and explain why comparable competition cannot be found within the 100 mile radius.

Miscellaneous Rules

ALL STUDENTS ARE EXPECTED TO BE IN CLASS DAILY. ANY STUDENT THAT MISSES MORE THAN 2 CLASS PERIODS UN-EXCUSED WILL NOT BE ALLOWED TO PARTICIPATE THAT DAY IN PRACTICE OR COMPETITION UNLESS PRE-APPROVED BY THE ATHLETIC DIRECTOR FOR BOTH GAMES AND PRACTICE.

Every coach needs an emergency plan for your facility in case of inclement weather.

Encourage your student athletes to include NCAA and NAIA on their ACT scores when testing.

Every coach needs a policy for dealing with upset parents after games.

Be sure to complete all district and KHSAA trainings.

Scholarship offers need to be confirmed by the coach through the college or university.

Injury to a student during a game or practice shall be reported to a parent as soon as possible. Complete the proper insurance forms, which may be obtained at the central office.

You must get a P.O. # before purchasing. No exceptions to this rule.

Photography-Sheffield Photography has the board contract for ALL photos.

EJECTIONS- A COACH WHO IS EJECTED FROM AN ATHLETIC EVENT WILL BE SUSPENDED FROM COACHING DUTIES FOR A MINIMUM OF 3 CONSECUTIVE GAMES, INCLUDING POST SEASON. (If the KHSAA bylaws dictate a longer suspension, then the KHSAA rules shall govern). Subsequent ejections will be governed by KHSAA bylaws.

COACHING REQUIREMENT CHECKLIST

A completed copy of this form along with proof of completion for every coach and volunteer must be submitted to the Athletic Director prior to the first contest.

REQUIREMENT	DATE COMPLETED
CPR	
AED	
FIRST AID TRAINING	
COACHES EDUCATION PROGRAM	
SPORTS SAFETY TRAINING	
KHSAA RULES CLINIC	
NAME:	
ADDRESS:	
PHONE:	

PRE-SEASON CHECKLIST

TO BE COMPLETED, SIGNED, DATED AND RETURNED TO THE ATHLETIC DIRECTOR PRIOR TO THE START OF THE SEASON, EXCEPT FOR THE CONSENT/INSURANCE/PHYSICAL FORM WHICH MUST BE ON FILE WITH THE ATHLETIC DIRECTOR WHEN PRACTICE BEGINS. Follow proper purchasing procedures Confirm eligibility Athletic Participation/Parental Consent/Physical Exam- The KHSAA required form must be completed, with the coach keeping a copy and the original being forwarded to the Athletic Director. Confirm and document insurance coverage on all athletes Provide complete schedule with depart and return times Provide complete roster Provide game contracts Provide facilities schedule for games and practice Provide bus requests Provide coaching requirement checklist for each coach on staff Confirm assigning of game officials (Head Coach) Attend Media day

DATE

COACH SIGNATURE



Athletic Participation Form Parental and Student Consent and Release For High School Level (grades 9-12) participation

KHSAA Form GE04 High School Parental Permission and Consent Rev. 4/15, page 1 of 2 © KHSAA, 2015

The student and parents/guardian must read this statement carefully and sign where required. By signing this form, all parties agree that they have accurately completed all sections of the form and have read and agree to the terms of this form as detailed. This form must be completed before the student participates (hereinafter including try out for, practice and/or compete) in interscholastic athletics. This form should be kept in a secure location until the student has exhausted eligibility, graduated from high school and reached the age of 19.

		ION <i>(This part must be d</i>			-
			Sch	nool Year	
Home Ad	dress (Street, City, State, Zip):				
Gender					
Date of B	irth:	Birth Place (County, St	ate):		
School At	ttendance History				
Grade	School Name		School Year		Varsity Play — (Yes/No)?
9					
10					
11					
12					
Baseba Softbal Archery Other	Swimming Ter Bass Fishing Bov	oss Country Footba		Golf Volleyball Dance	Soccer Wrestling
	Name (please print)			Relation to Stu	dent
	En	nergency Contact Address, incl	uding City, State a	nd Zip	
	Daytime Phone			Cell Phone	
	REQUIR	ED INSURANCE INFORM	ATION (KHSAA	Bylaw 12)	
as c	articipation in practice or contests (in defined in Bylaw 23, all students are dided through the school, contact the impose additional requirements	required to have medical insur Principal or Athletic Director r	ance with coverage egarding any poter	ne limits of at least \$2 ntial claim. Individua	25,000. If this coverage is I schools and districts may
Insuran	ce Carrier Policy Number / II	O Number Group Nu	mber		Plan
		EMERGENCY TREATMEN	IT INFORMATION	ON	
form. How	wing information is recorded solely t wever, those failing to provide this in g service, and failure to provide could	for potential hospitalization an nformation should be aware th	nd emergency care that this might be re	needs and is not red	quired to be recorded on this y treatment facilities prior to
	Social Security Number			Birth Date	

CONSENT INFORMATION TO PARTICIPATE, ACKNOWLEDGMENT OF RISK, ACKNOWLEDGEMENT OF ELIGIBILITY RULES, LIABILITY WAIVER AND CONSENT AND RELEASE

As parent/legal guardian, I agree to allow my child to participate in interscholastic athletics.

The student and parent/legal guardian recognize that participation in interscholastic athletics involves some inherent risks for potentially severe injuries, including but not limited to death, serious neck, head and spinal injuries which may result in complete or partial paralysis, brain damage, serious injury to virtually all internal organs, serious injury to virtually all bones, joints, ligaments, muscles, tendons, and other aspects of the

muscular skeletal system, and serious injury or impairment to other aspects of the body, or effects to the general health and well being of the child. Because of these inherent risks, the student and parent/legal guardian recognize the importance of the student obeying the coaches' instructions regarding playing techniques, training and other team rules. By signing this form, the student and parent/legal guardian acknowledge that the student's participation is wholly voluntary and to having read and understood this provision.

The student and parent/legal guardian individually and on behalf of the student, hereby irrevocably, and unconditionally release, acquit, and forever discharge the KHSAA and its officers, agents, attorneys, representatives and employees (collectively, the "Releasees") from any and all losses, claims, demands, actions and causes of action, obligations, damages, and costs or expenses of any nature (including attorney's fees) that the student and/or parent/legal guardian incur or sustain to person, property or both, which arise out of, result from, occur during or are otherwise connected with the student's participation in interscholastic athletics if due to the ordinary negligence of the Releasees.

The student and parent/legal guardian acknowledge that they have read and understood the KHSAA Bylaws by distribution under the handbook links at http://khsaa.org/. Please be aware that a student is subject to the one-year period of ineligibility the bylaw commonly referred to as the "Transfer Rule," upon participation in any varsity contest regardless of the amount of participation or lack thereof.

The student and parent/legal guardian agree to abide by the KHSAA Bylaws and Due Process Procedure as now enacted or later amended. The student and parent/legal guardian further acknowledge that they agree to abide by the rulings of the Commissioner, Assistant Commissioner, Hearing Officer and Board of Control.

The student and parent/legal guardian acknowledge that the student must have medical insurance coverage up to a limit of \$25,000 in order to be eligible to participate in interscholastic athletics.

The student and parent/legal guardian, individually and on behalf of this student, give the high school, the KHSAA and their representatives permission to release this student's demographic information (including motion picture and still photographic images) and participation statistics (including height, weight and year in school, participation history and other performance based statistics) and other information as may be requested, and agree that the student may be photographed or otherwise digitally or electronically captured during school-based competition. All of this material may be used without permission or compensation specifically related to the KHSAA and its events.

The student and parent/legal guardian consent to this student receiving a physical examination as required by the KHSAA.

The student and parent/legal guardian, individually and on behalf of this student, consent to the high school and the KHSAA and their representatives to use and disclose the necessary personally identifiable information from the student's education records including academic, financial and health care information, to third parties including school representatives, coaches, athletic trainers, medical facilities, medical staffs, KHSAA legal counsel and the media, for the purpose of receiving proper/necessary medical care and complying with the KHSAA bylaws, including making determinations regarding eligibility to participate in interscholastic athletics and any administrative or legal proceedings resulting from participation or attempted participation in interscholastic athletics, without such disclosure constituting a violation of rights under the Family Educational Rights and Privacy Act. The student and parent/legal guardian, individually and on behalf of this student, further release the high school, the KHSAA and their representatives from any and all claims arising out of the use and disclosure of said necessary personally identifiable information, and agree to release to the high school, the KHSAA, and their representatives, upon request, the detailed and completed application for financial aid.

The student and parent/legal guardian, individually and on behalf of the student, hereby acknowledge that they are aware of and will review if desired, the education materials available through the KHSAA, the Centers for Disease Control and other agencies regarding education all individuals with respect to nature and risk of concussion and head injury, including the continuance of play after concussion or head injury.

The student and parent/legal guardian, individually and on behalf of the student, hereby consent to allow the student to receive medical treatment that may be deemed advisable by the high school, the KHSAA, and their representatives in the event of injury, accident or illness while participating in interscholastic athletics, including, but not limited to, transportation of the student to a medical facility.

STUDENT AND PARENT/GUARDIAN ACKNOWLEDGMENT OF RISK, ELIGIBILITY RULES, LIABILITY WAIVER AND CONSENT AND RELEASE AND EMERGENCY PERMISSION FORM

Students' Name (please print)	School
Student and Parent/Guardian Address including City, State and Zip)
Signature of Student	Date
Please list above any health problems/concerns this student may have, including allergies (medications a being used	others) and any medications presently
Name of Parent(s)/Guardian(s) who has/have custody of this student (please print)	Emergency Phone Number
Signature of Parent(s)/Guardian(s) who has/have custody of this student	Date

M PREPARTICIPATION PHYSICAL EVALUATION HISTORY FORM



Note: This form is to be filled out by patient and parent prior to seeing the physician, physician assistant, advanced practice registered nurse, or chiropractor (if performed within the scope of practice). The form should be kept with the chart. References to Physician on this form shall reference all permitted providers as detailed above and in KRS 156.070(2)(d)

Date of Exam Name			Date of birth		
ex Age School Sport(s)					
Medicines and Allergies: Please list all of the prescription and over-the-counter medicines and supplements (herbal and nutritional) that you are currently taking					
Do you have any allergies? ☐ Yes ☐ No If yes, please ide	ntify spe	ecific all	lergy below. □ Food □ Stinging Insects		
xplain "Yes" answers below. Circle questions you don't know the an	swers t	0.			
GENERAL QUESTIONS	Yes	No	MEDICAL QUESTIONS	Yes	No
Has a doctor ever denied or restricted your participation in sports for any reason?			26. Do you cough, wheeze, or have difficulty breathing during or after exercise?		
2. Do you have any ongoing medical conditions? If so, please identify below: ☐ Asthma ☐ Anemia ☐ Diabetes ☐ Infections			27. Have you ever used an inhaler or taken asthma medicine?	\vdash	<u> </u>
Other:			28. Is there anyone in your family who has asthma? 29. Were you born without or are you missing a kidney, an eye, a testicle	\vdash	\vdash
3. Have you ever spent the night in the hospital?			(males), your spieen, or any other organ?		
4. Have you ever had surgery?			30. Do you have groin pain or a painful bulge or hernia in the groin area?		
HEART HEALTH QUESTIONS ABOUT YOU	Yes	No	31. Have you had infectious mononucleosis (mono) within the last month?		
5. Have you ever passed out or nearly passed out DURING or			32. Do you have any rashes, pressure sores, or other skin problems?		
AFTER exercise? 6. Have you ever had discomfort, pain, tightness, or pressure in your			33. Have you had a herpes or MRSA skin infection?		<u> </u>
chest during exercise?			34. Have you ever had a head injury or concussion?	igsquare	<u> </u>
7. Does your heart ever race or skip beats (irregular beats) during exercise?			35. Have you ever had a hit or blow to the head that caused confusion, prolonged headache, or memory problems?		1
8. Has a doctor ever told you that you have any heart problems? If so,			36. Do you have a history of seizure disorder?	\vdash	
check all that apply: High blood pressure			37. Do you have headaches with exercise?		
☐ High cholesterol ☐ A heart infection ☐ Kawasaki disease Other:			38. Have you ever had numbness, tingling, or weakness in your arms or legs after being hit or falling?		
Has a doctor ever ordered a test for your heart? (For example, ECG/EKG, echocardiogram)			39. Have you ever been unable to move your arms or legs after being hit or falling?		
10. Do you get lightheaded or feel more short of breath than expected			40. Have you ever become ill while exercising in the heat?		
during exercise?			41. Do you get frequent muscle cramps when exercising?		<u> </u>
11. Have you ever had an unexplained seizure?			42. Do you or someone in your family have sickle cell trait or disease?		
12. Do you get more tired or short of breath more quickly than your friends during exercise?			43. Have you had any problems with your eyes or vision?		
HEART HEALTH QUESTIONS ABOUT YOUR FAMILY	Yes	No	44. Have you had any eye injuries? 45. Do you wear glasses or contact lenses?		\vdash
13. Has any family member or relative died of heart problems or had an			46. Do you wear protective eyewear, such as goggles or a face shield?		
unexpected or unexplained sudden death before age 50 (including drowning, unexplained car accident, or sudden infant death syndrome)?			47. Do you worry about your weight?		\vdash
Does anyone in your family have hypertrophic cardiomyopathy, Marfan syndrome, arrhythmogenic right ventricular cardiomyopathy, long OT			48. Are you trying to or has anyone recommended that you gain or lose weight?		
syndrome, short QT syndrome, Brugada syndrome, or catecholaminergic			49. Are you on a special diet or do you avoid certain types of foods?		
polymorphic ventricular tachycardia?	<u> </u>	<u> </u>	50. Have you ever had an eating disorder?		
15. Does anyone in your family have a heart problem, pacemaker, or implanted defibrillator?			51. Do you have any concerns that you would like to discuss with a doctor?		
16. Has anyone in your family had unexplained fainting, unexplained		i	FEMALES ONLY	Ш	
seizures, or near drowning?			52. Have you ever had a menstrual period?		
BONE AND JOINT QUESTIONS	Yes	No	53. How old were you when you had your first menstrual period?	—	
17. Have you ever had an injury to a bone, muscle, ligament, or tendon that caused you to miss a practice or a game?			54. How many periods have you had in the last 12 months?		
18. Have you ever had any broken or fractured bones or dislocated joints?			Explain "yes" answers here		
19. Have you ever had an injury that required x-rays, MRI, CT scan, injections, therapy, a brace, a cast, or crutches?					
20. Have you ever had a stress fracture?					
 Have you ever been told that you have or have you had an x-ray for neck instability or atlantoaxial instability? (Down syndrome or dwarfism) 					
22. Do you regularly use a brace, orthotics, or other assistive device?					
23. Do you have a bone, muscle, or joint injury that bothers you?					
24. Do any of your joints become painful, swollen, feel warm, or look red?		<u> </u>			
25. Do you have any history of juvenile arthritis or connective tissue disease?	<u>L</u> .	L] ———		
hereby state that, to the best of my knowledge, my answers to					
ignature of athlete Date Date					

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PREPARTICIPATION PHYSICAL EVALUATION



PHYSICAL EXAMINATION FORM Name Date of birth PROVIDER REMINDERS 1. Consider additional questions on more sensitive issues . Do you feel stressed out or under a lot of pressure? . Do you ever feel sad, hopeless, depressed, or anxious? · Do you feel safe at your home or residence? · Have you ever tried cigarettes, chewing tobacco, snuff, or dip? During the past 30 days, did you use chewing tobacco, snuff, or dip? Do you drink alcohol or use any other drugs?
 Have you ever taken anabolic steroids or used any other performance supplement? Have you ever taken any supplements to help you gain or lose weight or improve your performance? Do you wear a seat belt, use a helmet, and use condoms? 2. Consider reviewing questions on cardiovascular symptoms (questions 5-14). **EXAMINATION** Height Weight ☐ Male ☐ Female Vision R 20/ Corrected D Y D N Pulse 1 20/ MEDICAL NORMAL ABNORMAL FINDINGS Appearance · Marfan stigmata (kyphoscoliosis, high-arched palate, pectus excavatum, arachnodactyly, arm span > height, hyperlaxity, myopia, MVP, aortic insufficiency) Eyes/ears/nose/throat · Pupils equal Hearing Lymph nodes Heart* . Murmurs (auscultation standing, supine, +/- Valsalva) · Location of point of maximal impulse (PMI) · Simultaneous femoral and radial pulses Lungs Abdomen Genitourinary (males only)^b · HSV, lesions suggestive of MRSA, tinea corporis Neurologic c MUSCULOSKELETAL Neck Back Shoulder/arm Elbow/forearm Wrist/hand/fingers Hip/thigh Knee Leg/ankle Foot/toes Functional · Duck-walk, single leg hop *Consider ECG, echocardiogram, and referral to cardiology for abnormal cardiac history or exam. Consider GU exam if in private setting. Having third party present is recommended.

Consider cognitive evaluation or baseline neuropsychiatric testing if a history of significant concussion. ☐ Cleared for all sports without restriction ☐ Cleared for all sports without restriction with recommendations for further evaluation or treatment for _ □ Not cleared Pending further evaluation □ For any sports ☐ For certain sports _ Recommendations

I have examined the above-named student and completed the preparticipation physical evaluation. The athlete does not present apparent clinical contraindications to practice and participate in the sport(s) as outlined above. A copy of the physical exam is on record in my office and can be made available to the school at the request of the parents. If conditions arise after the athlete has been cleared for participation, the physician may rescind the clearance until the problem is resolved and the potential consequences are completely explained to the athlete (and parents/guardians).

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Athletic Participation/Physical Examination Form Parental and Student Consent and Release For Middle School Level (students enrolled in grades 5-8 participating in competition for grades 6-8)

KHSAA Form MS01 Middle School Parent Permission and Consent Rev. 6/16 page 1 of 2 © KHSAA, 2015

The student and parents/guardian must read this statement carefully and sign where required. By signing this form, all parties agree that they have accurately completed all sections of the form and have read and agree to the terms of this form as detailed. This form must be completed before the student participates (hereinafter including try out for, practice and/or compete) in interscholastic athletics. This form should be kept in a secure location until the student has exhausted eligibility, enrolled in high school and reached the age of sixteen (16).

ATHLETE INFORMATION (This part must be completed by the student and family)

Name (Last, First, Initi	al)		School Year	
Home Address (Street,	City, State, Zip):			
Gender	Grade	School		
Date of Birth:		Birth Place (County, State):		
Baseball Baseball Sv	rticipate in the following (check asketball Cross Country Tennis ass Fishing Bowling	Football Track and Field Competitive Cheer	Golf Soccer Volleyball Wrestling Other	
	EMERGENO	CY CONTACT INFORMATION		
1	Name (please print)		Relation to Student	
	Emergency Contact	t Address, including City, State ar	nd Zip	
Daytime Phone Cell Phone				
	OPTIONAL INSURANCE INFORMA	TION (only for purpose of e	mergency treatment)	
Insurance Carrier	Policy Number / ID Number	Group Number	Plan	
this form. However, th	tion is recorded solely for potential h	should be aware that this migh	ATION re needs and is not required to be recorded on t be required by emergency treatment facilities	
So	cial Security Number	-	Birth Date	

CONSENT INFORMATION TO PARTICIPATE, ACKNOWLEDGMENT OF RISK, ACKNOWLEDGEMENT OF ELIGIBILITY RULES, LIABILITY WAIVER AND CONSENT AND RELEASE

As parent/legal guardian, I agree to allow my child to participate in interscholastic athletics.

The parent/legal guardian recognize that participation in interscholastic athletics involves some inherent risks for potentially severe injuries, including but not limited to death, serious neck, head and spinal injuries which may result in complete or partial paralysis, brain damage, serious injury to virtually all internal organs, serious injury to virtually all bones, joints, ligaments, muscles, tendons, and other aspects of the muscular skeletal system, and serious injury or impairment to other aspects of the body, or effects to the general health and well being of the child. Because of these inherent risks, the parent/legal guardian recognize the importance of the student obeying the coaches' instructions regarding playing techniques, training and other team rules. By signing this form, the parent/legal guardian acknowledge that the student's participation is wholly voluntary and to having read and understood this provision.

The student and parent/legal guardian individually and on behalf of the student, hereby irrevocably, and unconditionally release, acquit, and forever discharge the KHSAA and its officers, agents, attorneys, representatives and employees (collectively, the "Releasees") from any and all losses, claims, demands, actions and causes of action, obligations, damages, and costs or expenses of any nature (including attorney's fees) that the student and/or parent/legal guardian incur or sustain to person, property or both, which arise out of, result from, occur during or are otherwise connected with the student's participation in interscholastic athletics if due to the ordinary negligence of the Releasees.

The student and parent/legal guardian, individually and on behalf of this student, give the high school, the KHSAA and their representatives permission to release this student's demographic information (including motion picture and still photographic images) and participation statistics (including height, weight and year in school, participation history and other performance based statistics) and other information as may be requested, and agree that the student may be photographed or otherwise digitally or electronically captured during school-based competition. All of this material may be used without permission or compensation specifically related to the KHSAA and its events.

The student and parent/legal guardian consent to this student receiving a physical examination as required by the KHSAA.

The student and parent/legal guardian, individually and on behalf of this student, consent to the school and the KHSAA and their representatives to use and disclose the necessary personally identifiable information from the student's education records including academic, financial and health care information, to third parties including school representatives, coaches, athletic trainers, medical facilities, medical staffs, KHSAA legal counsel and the media, for the purpose of receiving proper/necessary medical care and complying with the KHSAA bylaws, including making determinations regarding eligibility to participate in interscholastic athletics and any administrative or legal proceedings resulting from participation or attempted participation in interscholastic athletics, without such disclosure constituting a violation of rights under the Family Educational Rights and Privacy Act. The student and parent/legal guardian, individually and on behalf of this student, further release the school, the KHSAA and their representatives from any and all claims arising out of the use and disclosure of said necessary personally identifiable information, and agree to release to the school, the KHSAA, and their representatives, upon request, the detailed and completed application for financial aid.

The student and parent/legal guardian, individual and on behalf of the student, hereby acknowledge that they are aware of and will review if desired, the education materials available through the KHSAA, the Centers for Disease Control and other agencies regarding education all individuals with respect to nature and risk of concussion and head injury, including the continuance of play after concussion or head injury.

The student and parent/legal guardian, individual and on behalf of the student, hereby consent to allow the student to receive medical treatment that may be deemed advisable by the school, the KHSAA, and their representatives in the event of injury, accident or illness while participating in interscholastic athletics, including, but not limited to, transportation of the student to a medical facility.

STUDENT AND PARENT/GUARDIAN ACKNOWLEDGMENT OF RISK, ELIGIBILITY RULES, LIABILITY WAIVER AND CONSENT AND RELEASE AND EMERGENCY PERMISSION FORM

Students' Name (please print)	School
Student and Parent/Guardian Address including City,	State and Zip
Signature of Student	Date
0.3	
Please list above any health problems/concerns this student may have, including alle presently being used	rgies (medications / others) and any medicatio
Please list above any health problems/concerns this student may have, including alle	

■ PREPARTICIPATION PHYSICAL EVALUATION

HISTORY FORM



Note: This form is to be filled out by patient and parent prior to seeing the physician, physician assistant, advanced practice registered nurse, or chiropractor (if performed within the scope of practice). The form should be kept with the chart. References to Physician on this form shall reference all permitted providers as detailed above and in KRS 156.070(2)(d)

Date of birth							
Do you have any allergies?							
Medicines	Medicines and Allergies: Please list all of the prescription and over-the-counter medicines and supplements (herbal and nutritional) that you are currently taking						
Medicines	_						
MEDICAL QUESTIONS Yes No							
1. Has a doctor ever denied or restricted your participation in sports for any reason? 2. Do you have any ongoing medical conditions? If so, please identify below: Asthma Diabetes Infections Other: 3. Have you ever spent the night in the hospital? 4. Have you ever had surgery? HEART HEALTH QUESTIONS ABOUT YOU 26. Do you cough, wheeze, or have difficulty breathing during or after exercise? 27. Have you ever used an inhaler or taken asthma medicine? 28. Is there anyone in your family who has asthma? 29. Were you born without or are you missing a kidney, an eye, a testicle (males), your spleen, or any other organ? 30. Do you have groin pain or a painful bulge or hernia in the groin area? 31. Have you had infectious mononucleosis (mono) within the last month?							
any reason? 2. Do you have any ongoing medical conditions? If so, please identify below: Asthma Diabetes Infections Other: 3. Have you ever spent the night in the hospital? 4. Have you ever had surgery? HEART HEALTH QUESTIONS ABOUT YOU after exercise? 27. Have you ever used an inhaler or taken asthma medicine? 28. Is there anyone in your family who has asthma? 29. Were you born without or are you missing a kidney, an eye, a testicle (males), your spleen, or any other organ? 30. Do you have groin pain or a painful bulge or hernia in the groin area? 31. Have you had infectious mononucleosis (mono) within the last month?	No						
below: Asthma Anemia Diabetes Infections Other: 3. Have you ever spent the night in the hospital? 4. Have you ever had surgery? HEART HEALTH QUESTIONS ABOUT YOU 28. Is there anyone in your family who has asthma? 29. Were you born without or are you missing a kidney, an eye, a testicle (males), your spleen, or any other organ? 30. Do you have groin pain or a painful bulge or hernia in the groin area? 31. Have you had infectious mononucleosis (mono) within the last month?							
Other: 3. Have you ever spent the night in the hospital? 4. Have you ever had surgery? 4. Have you ever had surgery? 4. Have you had surgery? 4. Have you had infectious mononucleosis (mono) within the last month? 5. Were you born without or are you missing a kidney, an eye, a testicle (males), your spleen, or any other organ? 30. Do you have groin pain or a painful bulge or hernia in the groin area? 31. Have you had infectious mononucleosis (mono) within the last month?							
3. Have you ever spent the night in the hospital? 4. Have you ever had surgery? 4. Have you ever had surgery? 4. Have you had surgery? 5. Word born without or are you hissing a work, at each of your spleen, or any other organ? 7. Our spleen, or any other organ? 8. Our your spleen, or any other organ? 9. No 9. No 1. Have you had infectious mononucleosis (mono) within the last month?							
4. Have you ever had surgery? HEART HEALTH QUESTIONS ABOUT YOU Yes No 30. Do you have groin pain or a painful bulge or hernia in the groin area? 31. Have you had infectious mononucleosis (mono) within the last month?							
HEART HEALTH QUESTIONS ABOUT YOU Yes No 31. Have you had infectious mononucleosis (mono) within the last month?							
5. Have you ever passed out or nearly passed out DURING or 32. Do you have any rashes, pressure sores, or other skin problems?							
AFTER exercise? 33. Have you had a herpes or MRSA skin infection?							
6. Have you ever had discomfort, pain, tightness, or pressure in your chest during exercise? 34. Have you ever had a head injury or concussion?							
7. Does your heart ever race or skip beats (irregular beats) during exercise? 35. Have you ever had a hit or blow to the head that caused confusion, prolonged headache, or memory problems?							
8. Has a doctor ever told you that you have any heart problems? If so, 36. Do you have a history of seizure disorder?							
check all that apply: High blood pressure A heart murmur 37. Do you have headaches with exercise?							
High cholesterol A heart infection 38. Have you ever had numbness, tingling, or weakness in your arms or							
9. Has a doctor ever ordered a test for your heart? (For example, ECG/EKG. 39. Have you ever been unable to move your arms or legs after being hit							
echocardiogram) or falling?							
10. Do you get lightheaded or feel more short of breath than expected during exercise? 40. Have you ever become ill while exercising in the heat? 41. Do you get frequent muscle cramps when exercising?							
11. Have you ever had an unexplained seizure? 42. Do you or someone in your family have sickle cell trait or disease?							
12. Do you get more tired or short of breath more quickly than your friends 43. Have you had any problems with your eyes or vision?							
during exercise? 44. Have you had any eye injuries?							
HEART HEALTH QUESTIONS ABOUT YOUR FAMILY Yes No 45. Do you wear glasses or contact lenses?							
13. Has any family member or relative died of heart problems or had an unexpected or unexplained sudden death before age 50 (including							
drowning, unexplained car accident, or sudden infant death syndrome)? 47. Do you worry about your weight?							
14. Does anyone in your family have hypertrophic cardiomyopathy, Marfan syndrome, arrhythmogenic right ventricular cardiomyopathy, long QT 48. Are you trying to or has anyone recommended that you gain or lose weight?							
syndrome, short QT syndrome, Brugada syndrome, or catecholaminergic polymorphic ventricular tachycardia?							
15. Does anyone in your family have a heart problem, pacemaker, or							
implanted defibrillator? 51. Do you have any concerns that you would like to discuss with a doctor?							
16. Has anyone in your family had unexplained fainting, unexplained FEMALES ONLY							
seizures, or near drowning? BONE AND JOINT QUESTIONS Yes No 53. How old were you when you had your first menstrual period?							
17. Have you ever had an injury to a bone, muscle, ligament, or tendon 54. How many periods have you had in the last 12 months?							
that caused you to miss a practice or a game? Explain "yes" answers here	_						
18. Have you ever had any broken or fractured bones or dislocated joints?							
19. Have you ever had an injury that required x-rays, MRI, CT scan, injections, therapy, a brace, a cast, or crutches?							
20. Have you ever had a stress fracture?							
21. Have you ever been told that you have or have you had an x-ray for neck instability or atlantoaxial instability? (Down syndrome or dwarfism)							
22. Do you regularly use a brace, orthotics, or other assistive device?							
23. Do you have a bone, muscle, or joint injury that bothers you?							
24. Do any of your joints become painful, swollen, feel warm, or look red?							
25. Do you have any history of juvenile arthritis or connective tissue disease?	_						
I hereby state that, to the best of my knowledge, my answers to the above questions are complete and correct.							
Signature of athlete Signature of parent/guardian Date							

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■ PREPARTICIPATION PHYSICAL EVALUATION



PHYSICAL EXAMINATION FORM Date of birth PROVIDER REMINDERS 1. Consider additional questions on more sensitive issues . Do you feel stressed out or under a lot of pressure? . Do you ever feel sad, hopeless, depressed, or anxious? . Do you feel safe at your home or residence? · Have you ever tried cigarettes, chewing tobacco, snuff, or dip? . During the past 30 days, did you use chewing tobacco, snuff, or dip? Do you drink alcohol or use any other drugs? · Have you ever taken anabolic steroids or used any other performance supplement? Have you ever taken any supplements to help you gain or lose weight or improve your performance?
Do you wear a seat belt, use a helmet, and use condoms? 2. Consider reviewing questions on cardiovascular symptoms (questions 5-14). EXAMINATION Height ☐ Male ☐ Female RP Corrected □ Y □ N Vision R 20/ 1 20/ Pulse MEDICAL NORMAL ABNORMAL FINDINGS Appearance · Marfan stigmata (kyphoscoliosis, high-arched palate, pectus excavatum, arachnodactyly, arm span > height, hyperlaxity, myopia, MVP, aortic insufficiency) Eyes/ears/nose/throat · Pupils equal Hearing Lymph nodes Heart * Murmurs (auscultation standing, supine, +/- Valsalva) · Location of point of maximal impulse (PMI) · Simultaneous femoral and radial pulses Lungs Abdomen Genitourinary (males only)b HSV, lesions suggestive of MRSA, tinea corporis Neurologic c MUSCULOSKELETAL Neck Back Shoulder/arm Elbow/forearm Wrist/hand/fingers Hip/thigh Knee Leg/ankle Foot/toes **Functional** · Duck-walk, single leg hop *Consider ECG, echocardiogram, and referral to cardiology for abnormal cardiac history or exam. *Consider GU exam if in private setting. Having third party present is recommended. *Consider cognitive evaluation or baseline neuropsychiatric testing if a history of significant concussion. ☐ Cleared for all sports without restriction ☐ Cleared for all sports without restriction with recommendations for further evaluation or treatment for _ □ Not cleared ☐ Pending further evaluation ☐ For any sports ☐ For certain sports I have examined the above-named student and completed the preparticipation physical evaluation. The athlete does not present apparent clinical contraindications to practice and

participate in the sport(s) as outlined above. A copy of the physical exam is on record in my office and can be made available to the school at the request of the parents. If conditions arise after the athlete has been cleared for participation, the physician may rescind the clearance until the problem is resolved and the potential consequences are completely explained to the athlete (and parents/guardians).

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Signature of physician _

STUDENTS

All students participating in high school and middle school athletics are expected to abide by all guidelines set forth by the KHSAA, Clay County Board of Education, Clay County High School and Clay County Middle School.

Enrollment

Beginning in the 5th grade and continuing through 12th grade, students shall have 1 year of eligibility per grade level for participation in athletic competitions. Students will only be eligible in the first year enrolled at each grade level.

Students enrolled in grade 9 shall have 8 consecutive semesters of eligibility.

Minimum Academic Requirement (Weekly)

Students must maintain a cumulative passing grade in at least four classes. Grades are checked on a weekly basis through infinite campus (IC).

Minimum Academic Requirement (on grade level)

7th grade-promoted from 6th

8th grade-promoted from 7th

9th grade-promoted from 8th

10th grade-4 ½ credits

11th grade-10 ½ credits

12th grade-15 3/4 credits

Un-excused Absences

All students are expected to be in class daily. Any student that misses more than 2 class periods un-excused will not be allowed to participate that day in practice or competition unless pre-approved by the athletic director for both games and practice.

<u>Age</u>

A student who becomes 19 years old before August 1st shall be ineligible for interscholastic athletic competition.

Beginning with the 2015-2016 school year, any student who turns:

Fifteen (15) prior to August 1 of the current school year shall not be eligible for interscholastic competition against students exclusively enrolled in grades eight (8) and below;

Fourteen (14) prior to August 1 of the current school year shall not be eligible for interscholastic competition against students exclusively enrolled in grades seven (7) and below;

Thirteen (13) prior to August 1 of the current school year shall not be eligible for interscholastic competition against students exclusively enrolled in grades six (6) and below.

High School Participation

Students must be enrolled in at least grade 7 to participate in high school athletics, unless the student has participated at the high school level prior to the 2014-2015 school year.

Middle School Participation

Clay County Middle School is comprised of 7th and 8th grade. Elementary students may be allowed to participate in sports not offered at the elementary level with the approval of the coach, principal and Athletic Director. With respect to basketball, football and non-competitive cheerleading, elementary students may only participate as provided in the Elementary Athletic Handbook.

Drug Testing

All athletes are subject to the Clay County High School drug testing policy and must complete the form included in this handbook in order to be eligible to participate.

Substance Abuse Education

All athletes must attend a substance abuse education program (the content will be approved by the Board of Education) prior to participating in game competition. Said program will be scheduled by the Athletic Director.

EJECTIONS-A STUDENT WHO IS EJECTED FROM A GAME SHALL BE
SUSPENDED FOR A MINIMUM OF 2 CONSECUTIVE GAMES, INCLUDING POST
SEASON. (If the KHSAA bylaws dictate a longer suspension, then the KHSAA rules shall govern). Subsequent ejections will be governed by KHSAA bylaws.

	Y COUNTY HIGH SCHOOL IFY #800.20	Athlete's Na Sport/Activit	me			
Sut	ect: DRUG TESTING OF ST	UDENT-ATHLETES				
activ	It is the policy of Clay County High School to drug test students who choose to participate in extra-curricular tivities. All participants shall be tested prior to/at start of their respective season. Fifty percent (50%) of the ident-athletes will be randomly selected each month throughout the duration of the season.					
Coc	Participants will be tested aine, Barbiturates, OxyContil	for, but not limited to, the follown, Amphetamines, and Marijua	ing substances: Phencyclidine (PCP), Oplates, na (THC).			
REF IMM	usal to follow any of	THE POLICIES AND PROCED	m before the drug testing may be administered. URES FOR DRUG TESTING WILL RESULT IN ALL OTHER SPORTS/ACTIVITIES			
Con	relied Substance and/or Alcohol	ol Informed Consent Test Notifica	ation			
cont	I understand that accordin clied substance chemical anal	g to Clay County High School's ysis for the substances previous	Policy #800.20, that I am required to submit to a y stated above.			
	Type of Test:	Controlled Substance				
	Reason for Test:	initial				
		Random				
		Follow-Up	•			
not i obtainesul The test i positi brea	ions that those entities may be miled to, the release of test raining information from the studies with a qualifying statement results of the urine test will be results were negative or positive. Furthermore, I understand in alcohol concentration of 0.0	required to perform pursuant to esuit information to the High Sc ent's physician, hospital, dentist, in case wherein a student may maintained by the Clay County I re, and if positive, the identity of that any student who tests positi 12 percent or greater shall be s	ay County High School to perform any and all the Law. Such authorization shall include, but is chool, verification of the prescribed medications, or pharmacist and the reporting of negative test be taking a legally-prescribed Schedule II drug. High School Principal who will report whether the fithe controlled substance for which the test was twe for the use of a controlled substance, or has a subject to disciplinary action. Any student who			
treat	ed as a positive test. Each s confidential.	student's record of testing and re	Icohol Testing Program, such refusal shall be suits under this policy will be maintained private			
desig	ghout the collection process. nated representatives to rece	I specifically authorize the i ive the test result of this test	ensure the Identity and integrity, of my sample riigh School's Program Administrator and their for release to authorized representative of Clay all parties without my written authorization.			
	Student-Athlete Signature		Date			
	Parent or Guardian Signatur	8	Dale			

GROUP ALL SCHOOL INSURANCE CLAIM FORM PLEASE READ CAREFULLY

PART A SCHOOL OFFICIAL TO COMPLETE					
	e of School System:				
(City) 2. Name of Injured Student (Print)	(State) (Zip) Grade Age				
3. Date of Injury 4. Under whose supervision?	(Middle) (Last) Time of Injury				
5. The accident was incurred while the student was participating in: (check one) Game Practice P.E. Travel Other					
6. At the time of the injury, was the student involved in a school spons7. Describe the accident fully. How did the accident happen?	· · · · · · · · · · · · · · · · · · ·				
(Signature of School Official)	(Title) (Date)				
PART B: PARENT/GU	JARDIAN STATEMENT				
FATHER or GUARDIAN Full NameS.S.#	MOTHER or GUARDIAN Full NameS.S.#				
Address (street)	Address				
Occupation Employer (state) (24p)	Occupation Employer (state) (zip)				
Employer Address (street)	Employer Address				
(city) (state) (cip) Name & Address of Other Insurance Company	Name & Address of Other Insurance Company				
Policy/Group No. Group Individual :: HMO/PPO	Policy/Group No				
KENTUCKY REQUIRED STATEMENT: Any person who knowingly and with intent to defraud any insurance company or other person files a statement of claim containing any materially false information or conceals. for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime. 1. I understand that I must furnish, with this claim, a statement from my personal insurance company indicating their allowable benefits or their reason for refusal to pay. I further understand this claim will remain pending until this information is provided. 2. I hereby authorize Reliance Standard Life Insurance Company to pay benefits (as provided by the policy) in connection with this accident direct to the doctor, and/or hospital rendering service unless I have checked below.					
PART C: FOR DENTAL INJURY To be completed by dentist in the event of injury involving treatment to one or more teeth. Not to be used as a replacement for a copy of the actual itemized charges.					
1. Identify injured teeth by tooth No. 2. Previous condition of injured teeth: Whole, sound, natural; Filled; Decayed; Root canal treated; Other (describe)					

Clay County High School Uniform Rotation

2008-2009 Boys Basketball Tennis	2009-2010 Track Football	2010-2011 Baseball Softball	2011-2012 Girls Basketball	2012-2013 Girls Golf Cross Country Volleyball Boys Golf
2013-2014		2014-2015	2015-2016	2016-2017
Tennis		Track	Baseball	Girls Basketball
Boys Basketball		Football	Softball	cheer
Archery				
2017-2018		2018-2019		
Cross Country		Tennis		
Boys Golf		Boys Basketball		
Girls Golf		Archery		
Volleyball		•		

* Teams have the option of raising funds to purchase uniforms at any time.

COACH AGREEMENT

As a coach in the Clay County School System, I hereby agree that I have received and read the Athletic Handbook for the Clay County School System. I agree that I will comply with the rules and guidelines outlined in the Athletic Handbook as well as all KHSAA rules and regulations, all District Policies and Procedures, Student Code of Acceptable behavior and employee handbook. I understand that violations of rules and regulations can result in my removal as coach. It is my responsibility to provide a copy of the Athletic Handbook to each member of my team and staff, discuss the contents with my team and staff, and obtain and return the signature page for each team and staff member to the Athletic Director. As coach, I agree that no athlete will participate on the team I coach if that athlete and his/her parent have not signed and returned the agreement by the announced deadline.

As coach, I agree that I will not discourage athletes from participating in other sports.

Violation of this rule shall result in sanctions, up to and including termination.

Printed Name of Coach	
Signature of Coach	
Date:	

STUDENT ATHLETE AGREEMENT

As a student/athlete in the Clay County School System, I hereby agree that I have received and read the Athletic Handbook for the Clay County School System. I agree that I will comply with the rules and guidelines outlined in the Athletic Handbook as well as all KHSAA rules and regulations, all District Policies and Procedures, and Student Code of Acceptable behavior. I understand that violations of rules and regulations can result in my removal from teams on which I participate. I understand that failure to sign and return this form or any other required forms contained in this handbook may result in my being declared temporarily ineligible for practice or competition.

As the parent/guardian of the minor student signing below, I have received and reviewed the Athletic Handbook.

Printed Name of Athlete	
Signature of Athlete	
Printed Name of Parent/Guardian	
Signature of Parent/Guardian	
Date:	