

Elementary Cycle Menu

Students must choose 1/2 cup fruit or vegetable daily at breakfast and lunch

This menu is subject to change based on available food items

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Entrée	Sausage Links, Biscuit & Gravy	Breakfast Pizza	Pancake Porky or Sausage Biscuit	Donut or Yogurt Parfait	Chicken Biscuit or Mini Pancakes
Lunch Entrée Choices	Chicken Nuggets Hot Ham & Cheese	Chicken Sandwich Turkey Bacon Melt	Cheeseburger Corndog	Taco Salad Chicken Quesadilla	Cheesy Breadstick Pepperoni Calzone
Fruits/Vegetables	Side Salad Fries Diced Pears	Green Beans Seasoned Potato Cubes Mandarin Oranges	Curly Fries Ranch Style Vegetables Sidekick	Refried Beans Salsa Applesauce	Corn Fresh Veggie Cup Peach Cup
Grains/Other		Ice Cream		Corn Chips	Chocolate Chip Cookie
Breakfast Entrée	Sausage Links, Biscuit & Gravy	Breakfast Pizza	Pancake Porky or Sausage Biscuit	Donut or Yogurt Parfait	Chicken Biscuit or Mini Pancakes
Lunch Entrée Choices	Chicken Tenders Pulled Pork Sliders	Bosco Sticks Corndog	Chicken Sandwich Cheeseburger	Chili & Grilled Cheese Hot Ham & Cheese	Cheese Pizza Pepperoni Pizza
Fruits/Vegetables	Mashed Potatoes Cole Slaw Diced Pears	Baked Potato Broccoli & Cheese Mandarin Oranges	Baked Beans Sidekick Strawberry Cup	Seasoned Potato Cubes Fresh Veggie Cup/Dip Applesauce	Carrots/Dip Corn Peach Cup
Grains/Other	Biscuit, Macaroni & Cheese		Chips		Sugar Cookie
Breakfast Entrée	Sausage Links, Biscuit & Gravy	Breakfast Pizza	Pancake Porky or Sausage Biscuit	Donut or Yogurt Parfait	Chicken Biscuit or Mini Pancakes
Lunch Entrée Choices	Chicken Nuggets Corndog	Pepperoni Calzone Turkey Bacon Melt	Chicken Sandwich Hot Ham & Cheese	Hot Dog with Chili Chili, Chips & Cheese	Asian Chicken Bites Pepperoni Bread
Fruits/Vegetables	Mashed Potatoes Green Beans Diced Pears	Curly Fries Fresh Veggie Cup/Dip Mandarin Oranges	Baked Beans Ranch Style Vegetables Sidekick	Fries Carrots/Dip Applesauce	Side Salad Corn Peach Cup
Grains/Other		Ice Cream			Rice, Chocolate Chip Cookie
Breakfast Entrée	Sausage Links, Biscuit & Gravy	Breakfast Pizza	Pancake Porky or Sausage Biscuit	Donut or Yogurt Parfait	Chicken Biscuit or Mini Pancakes
Lunch Entrée Choices	Chicken Tenders Pulled Pork Sliders	Bosco Sticks Corndog	Chicken Quesadilla Cheeseburger	Rotini /Meat Sauce Turkey Sandwich	Cheese Pizza Pepperoni Pizza
Fruits/Vegetables	Mashed Potatoes Cole Slaw Diced Pears	Broccoli & Cheese Baked Potato Mandarin Oranges	Seasoned Potato Cubes Baked Beans Strawberry Cup	Ranch Style Vegetables Sidekick Applesauce	Carrots/Dip Corn Peach Cup
Grains/Other	Biscuit, Macaroni & Cheese			Breadstick	Sugar Cookie

Offered Daily for Breakfast: Toast, Fruit, Fruit Juice and a Variety of Milk

Entrée Choices—Pop Tart, Muffins or Cereal

Offered Daily for Lunch: Fresh Fruit, Fruit Juice, Vegetable Juice and a Variety of Milk

This institution is an equal opportunity provider

Middle School and High School Cycle Menu

Students must choose 1/2 cup fruit or vegetable daily at breakfast and lunch

This menu is subject to change based on available food items

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Entrée	Sausage Links, Biscuit & Gravy	Breakfast Pizza	Pancake Porky or Sausage Biscuit	Donut or Yogurt Parfait	Chicken Biscuit or Mini Pancakes
Lunch Entrée Choices	Chicken Nuggets Pepperoni Calzone	Chicken Sandwich Turkey Bacon Melt	Cheeseburger Corndog	Taco Salad Chicken Quesadilla	Cheesy Breadstick Hot Ham & Cheese
Fruits/Vegetables	Side Salad Mashed Potatoes Diced Pears	Green Beans Curly Fries Mandarin Oranges	Baked Potato Broccoli & Cheese Sidekick	Refried Beans Salsa Pineapples	Corn Fresh Veggie Cup/Dip Peach Cup
Grains/Other		Ice Cream		Corn Chips	Chocolate Chip Cookie
Breakfast Entrée	Sausage Links, Biscuit & Gravy	Breakfast Pizza	Pancake Porky or Sausage Biscuit	Donut or Yogurt Parfait	Chicken Biscuit or Mini Pancakes
Lunch Entrée Choices	Chicken Tenders Pulled Pork Sliders	Chicken Quesadilla Cheeseburger	Chicken Sandwich Corndog	Chili & Grilled Cheese Hot Ham & Cheese	Bosco Sticks Turkey Sandwich
Fruits/Vegetables	Mashed Potatoes Cole Slaw Diced Pears	Seasoned Potato Cubes Sidekick Mandarin Oranges	Baked Beans Fresh Veggie Cup/Dip Applesauce	Baked Potato Side Salad Pineapples	Corn Ranch Style Vegetables Peach Cup
Grains/Other	Biscuit, Macaroni & Cheese				Sugar Cookie
Breakfast Entrée	Sausage Links, Biscuit & Gravy	Breakfast Pizza	Pancake Porky or Sausage Biscuit	Donut or Yogurt Parfait	Chicken Biscuit or Mini Pancakes
Lunch Entrée Choices	Pepperoni Calzone Hot Ham & Cheese	Chicken Nuggets Corndog	Chicken Sandwich Turkey Bacon Melt	Hot Dog with Chili Chili, Chips & Cheese	Asian Chicken Bites Pepperoni Bread
Fruits/Vegetables	Mashed Potatoes Green Beans Diced Pears	Baked Potato Broccoli & Cheese Mandarin Oranges	Baked Beans Ranch Style Vegetables Sidekick	Fries Fresh Veggie Cup/Dip Pineapples	Side Salad Corn Peach Cup
Grains/Other		Ice Cream	Chips		Rice, Chocolate Chip Cookie
Breakfast Entrée	Sausage Links, Biscuit & Gravy	Breakfast Pizza	Pancake Porky or Sausage Biscuit	Donut or Yogurt Parfait	Chicken Biscuit or Mini Pancakes
Lunch Entrée Choices	Chicken Tenders Pulled Pork Sliders	Chicken Quesadilla Cheeseburger	Bosco Sticks Corndog	Rotini /Meat Sauce Turkey Sandwich	Spicy Chicken Sandwich Hot Ham & Cheese
Fruits/Vegetables	Mashed Potatoes Cole Slaw Diced Pears	Seasoned Potato Cubes Green Beans Mandarin Oranges	Baked Beans Fresh Vegetable Mix Applesauce	Ranch Style Vegetables Sidekick Pineapples	Fries Side Salad Peach Cup
Grains/Other	Biscuit, Macaroni & Cheese			Breadstick	Sugar Cookie

Offered Daily for Breakfast: Toast, Fruit, Fruit Juice and a Variety of Milk

Additional Entrée Choices—Pop Tart, Muffins or Cereal

Offered Daily for Lunch: Fresh Fruit, Fruit Juice, Vegetable Juice and a Variety of Milk

Additional Entrée Choices—Choice of Pizza

This institution is an equal opportunity provider

2018 - 2019 Cycle Menu Calendar

August '18						
Su	M	Tu	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

September '18						
Su	M	Tu	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

October '18						
Su	M	Tu	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

November '18						
Su	M	Tu	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

December '18						
Su	M	Tu	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

January '19						
Su	M	Tu	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

February '19						
Su	M	Tu	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

March '19						
Su	M	Tu	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

April '19						
Su	M	Tu	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May '19						
Su	M	Tu	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

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To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992.

Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

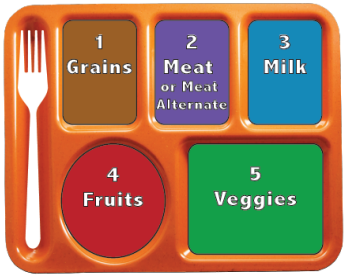
This institution is an equal opportunity provider.

Clay County Public Schools, under the National School Lunch/Breakfast Program, will offer free breakfast and lunch for all students for the 2018-2019 school year.

All enrolled students are eligible to receive a healthy breakfast and lunch at school at no charge. No further action is required. All children will be able to participate in the meal program without having to pay a fee or submit a meal application. For more information please contact Melinda Nicholson, Food Service Coordinator (606)598-2168 or melinda.nicholson@clay.kyschools.us.

PAYMENTS AND CHARGE POLICY: All students are eligible to receive a meal at breakfast and lunch at no charge. No a la carte items may be charged. Payments for a la carte items may be made in advance or at the time of service. Payments may also be made online at myschoolbucks.com. Adults must pay for meals in advance or at the time of service. There are no provisions for adult charges.

OFFER vs SERVE
The Five Meal Components for School Lunch

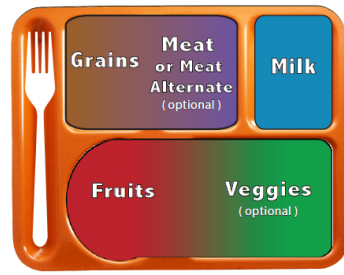


Choose *at least 3* including:

- ½ Cup of **Fruits** or **Vegetables**
- **At Least 2 Other Food Groups**

For best nutrition, *choose all 5*

OFFER vs SERVE
Food Items for School Breakfast



Choose *at least 3* including:

- ½ Cup of **Fruits** or **Vegetables**
- **At Least 2 Other Food Items**

For best nutrition, *choose all*

Price List			
A la carte and Extra Items			
Breakfast Entrée	\$1.00	Lunch Entrée	\$1.25
Fruit/Vegetable	\$0.50	Fruit/Vegetable Juice (4 oz.)	\$0.50
Side Salad	\$1.25	Milk (8 oz.)	\$0.50
Chips	\$0.75	Cereal Bar	\$0.75
Pop Tart (single pk.)	\$0.50	Pop Tart (2 pk.)	\$1.00
Water (8 oz.)	\$0.50	Water (16 oz.)	\$1.00

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