

Clay County Public Schools

Elementary Cycle Menu

Students must choose 1/2 cup fruit or vegetable daily at breakfast and lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Entrée	Sausage Biscuit & Gravy	Donut	Breakfast Pizza	Mini Pancakes	Bacon, Scrambled Eggs & Biscuit
Lunch Entrée Choices	Hot Ham & Cheese Cheese Stuffed Breadsticks	Chicken Bites Grilled Cheese	Cheeseburger Pepperoni Calzone	Taco Salad Chicken Quesadilla	Chicken Sandwich Turkey Sandwich
Fruits/Vegetables	Crinkle Cut Fries Fresh Veggie Cup/Dip Diced Pears	Broccoli Baked Potato Mandarin Oranges	Crinkle Cut Fries Ranch Style Vegetables Strawberry Cup	Refried Beans Salsa Applesauce	Coleslaw Seasoned Potatoes Peach Cup
Grains/Other		Cheese Sauce, Ice Cream		Corn Chips	Chocolate Chip Cookie
Breakfast Entrée	Sausage, Biscuit & Gravy	Pancake Porky	Breakfast Pizza	Donut	Chicken Biscuit
Lunch Entrée Choices	Chicken Tenders BBQ Pork Rib	Chicken Sandwich Cheeseburger	Chicken Quesadilla Corndog	Chili Soup with Grilled Cheese or Hot Ham & Cheese	Cheese Pizza Pepperoni Pizza
Fruits/Vegetables	Mashed Potatoes Peas Diced Pears	Baked Beans Carrots/Dip Mandarin Oranges	Broccoli Baked Potato Strawberry Cup	Potato Cubes Fresh Veggie Cup/Dip Applesauce	Carrots/Dip Corn Peach Cup
Grains/Other	Roll	Chips	Cheese Sauce		Sugar Cookie
Breakfast Entrée	Sausage, Biscuit & Gravy	Donut	Breakfast Pizza	Mini Pancakes	Bacon, Scrambled Eggs & Biscuit
Lunch Entrée Choices	Pepperoni Calzone Grilled Cheese	Cheeseburger Chicken Sandwich	Chicken Bites Corndog	Hot Dog with Chili Chili, Chips & Cheese	Asian Chicken Bites Hot Ham & Cheese
Fruits/Vegetables	Mashed Potatoes Peas Diced Pears	Baked Beans Ranch Style Vegetables Mandarin Oranges	Baked Potato Fresh Veggie Cup/Dip Strawberry Cup	Broccoli Curly Fries Applesauce	Crinkle Cut Fries Green Beans Peach Cup
Grains/Other		Chips, Ice Cream		Cheese Sauce	Rice, Chocolate Chip Cookie
Breakfast Entrée	Sausage, Biscuit & Gravy	Pancake Porky	Breakfast Pizza	Donut	Chicken Biscuit
Lunch Entrée Choices	Chicken Tenders BBQ Riblet	Chicken & Cheese Nachos Taco Quesadilla	Bosco Sticks Corndog	Rotini /Meat Sauce Turkey Sandwich	Cheese Pizza Pepperoni Pizza
Fruits/Vegetables	Mashed Potatoes Green Beans Diced Pears	Seasoned Potatoes Refried Beans Mandarin Oranges	Broccoli Baked Potato Strawberry Cup	Fresh Veggie Cup/Dip Coleslaw Applesauce	Carrots/Dip Corn Peach Cup
Grains/Other	Roll		Cheese Sauce	Roll	Sugar Cookie

Offered Daily for Breakfast: Toast, Fruit, Fruit Juice and a Variety of Milk

Entrée Choices—Pop Tart or Cereal

Offered Daily for Lunch: Fresh Fruit, Fruit Juice, Vegetable Juice and a Variety of Milk

This menu is subject to change based on available food items

Clay County Public Schools

Middle School and High School Cycle Menu

Students must choose 1/2 cup fruit or vegetable daily at breakfast and lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Entrée	Sausage, Biscuit & Gravy	Pancake Porky	Breakfast Pizza	Donut or Yogurt Parfait	Bacon, Scrambled Eggs & Biscuit
Lunch Entrée Choices	Asian Chicken & Rice Hot Ham & Cheese	Chicken Bites & Roll Grilled Cheese	Cheeseburger Pepperoni Calzone	Taco Salad Chicken Quesadilla	Chicken Sandwich Turkey Sandwich
Fruits/ Vegetables	Cole Slaw Green Beans Diced Pears	Broccoli Baked Potato Mandarin Oranges	Crinkle Cut Fries Ranch Style Vegetables Diced Peaches	Refried Beans Salsa Pineapple Tidbits	Coleslaw Seasoned Potatoes Peach Cup
Grains/Other		Cheese Sauce, Ice Cream		Corn Chips	Chocolate Chip Cookie
Breakfast Entrée	Sausage, Biscuit & Gravy	Pancake Porky	Breakfast Pizza	Donut or Yogurt Parfait	Chicken Biscuit
Lunch Entrée Choices	Chicken Tenders BBQ Pork Rib	Spicy Chicken Sandwich Corndog	Chicken Quesadilla Cheeseburger	Chili Soup with Grilled Cheese or Hot Ham & Cheese	Bosco Sticks Turkey Sandwich
Fruits/ Vegetables	Mashed Potatoes Peas Diced Pears	Crinkle Cut Fries Carrots/Dip Mandarin Oranges	Baked Potatoes Broccoli Diced Peaches	Potato Cubes Fresh Veggie Cup/Dip Pineapple Tidbits	Baked Beans Corn Peach Cup
Grains/Other	Biscuit or Bun	Ice Cream	Chips		Sugar Cookie
Breakfast Entrée	Sausage, Biscuit & Gravy	Pancake Porky	Breakfast Pizza	Donut or Yogurt Parfait	Bacon, Scrambled Eggs & Biscuit
Lunch Entrée Choices	Pepperoni Calzone Grilled Cheese	Cheeseburger Chicken Sandwich	Chicken Bites & Roll Corndog	Hot Dog with Chili Chili, Chips & Cheese	Buffalo Chicken Bites & Roll Turkey Sandwich
Fruits/ Vegetables	Mashed Potatoes Corn Diced Pears	Baked Beans Ranch Style Vegetables Mandarin Oranges	Baked Potato Fresh Veggie Cup/Dip Diced Peaches	Broccoli Curly Fries Pineapple Tidbits	Coleslaw Green Beans Peach Cup
Grains/Other		Chips, Ice Cream		Cheese Sauce	Chocolate Chip Cookie
Breakfast Entrée	Sausage, Biscuit & Gravy	Pancake Porky	Breakfast Pizza	Donut or Yogurt Parfait	Chicken Biscuit
Lunch Entrée Choices	Chicken Tenders BBQ Riblet	Chicken & Cheese Nachos Taco Quesadilla	Cheesy Breadstick Corndog	Rotini /Meat Sauce Turkey Sandwich	Spicy Chicken Sandwich Hot Ham & Cheese
Fruits/ Vegetables	Mashed Potatoes Green Beans Diced Pears	Seasoned Potatoes Refried Beans Mandarin Oranges	Broccoli Baked Potato Diced Peaches	Corn Coleslaw Pineapple Tidbits	Crinkle Cut Fries Baked Beans Peach Cup
Grains/Other	Biscuit	Ice Cream	Cheese Sauce	Roll	Sugar Cookie

Offered Daily for Breakfast: Toast, Fruit, Fruit Juice and a Variety of Milk

Additional Entrée Choices—Pop Tart or Cereal

Offered Daily for Lunch: Fresh Fruit, Fruit Juice, Vegetable Juice and a Variety of Milk

Additional Entrée Choices—Choice of Pizza

This menu is subject to change based on available food items

August 2017

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

September 2017

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October 2017

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

November 2017

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

December 2017

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

January 2018

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February 2018

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

March 2018

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

April 2018

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

May 2018

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Clay County Public Schools, under the National School Lunch/Breakfast Program, will offer free breakfast and lunch for all students for the 2017-2018 school year.

All enrolled students are eligible to receive a healthy breakfast and lunch at school at no charge. No further action is required. All children will be able to participate in the meal program without having to pay a fee or submit a meal application. For more information please contact Melinda Nicholson, Food Service Coordinator (606)598-2168 or melinda.nicholson@clay.kyschools.us

PAYMENTS AND CHARGE POLICY: All students are eligible to receive a meal at breakfast and lunch at no charge. No a la carte items may be charged. Payments for a la carte items may be made in advance or at the time of service. Payments may also be made online at myschoolbucks.com. Adults must pay for meals in advance or at the time of service. There are no provisions for adult charges.

Offer vs. Serve—Lunch: Offer all 5 components and students must select 3 components with at least 1/2 cup of fruit, vegetable or 100% fruit/vegetable juice to be a reimbursable meal. Students are welcome to take 4 or all 5 components. **Breakfast:** Offer 4 food items in 3 components (grains, fruit and milk). Students must select 3 food items with at least 1/2 cup fruit or 100% fruit juice.

- FOOD COMPONENTS**

 - ◇ Fruit
 - ◇ Vegetable
 - ◇ Grains
 - ◇ Meat/Meat Alternate
 - ◇ Milk

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Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or

(3) email: program.intake@usda.gov.

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